

# · ACTIVITATS CASINO ARGENTONA ·

DILLUNS		DIMARTS		DIMECRES		DIJOUS		DIVENDRES	
10:00 - 11:00	PILATES <i>Sala Bernat</i>			10:00 - 11:00	PILATES <i>Sala Bernat</i>				
15:05 - 15:55	FITBOXING <i>Sala Up</i>	15:05 - 15:55	FITBOXING <i>Sala Up</i>	15:05 - 15:55	CIRCUIT HIIT <i>Sala Up</i>				
16:50-17:40	JIUJITSU INFANTIL <i>Sala Up</i>	16:50-17:40	JIUJITSU INFANTIL <i>Sala Up</i>	16:50-17:40	JIUJITSU INFANTIL <i>Sala Up</i>	15:05 - 15:55	CIRCUIT HIIT <i>Sala Up</i>	14:05 - 14:55	FITBOXING <i>Sala Up</i>
		17:30-18:45	DANSA VENTRE <i>Sala Bernat</i>	17:45-18:35	JIUJITSU INFANTIL <i>Sala Up</i>	16:50-17:40	JIUJITSU INFANTIL <i>Sala Up</i>	15:05 - 15:55	FITBOXING <i>Sala Up</i>
17:45-18:35	JIUJITSU INFANTIL <i>Sala Up</i>	17:45-18:35	JIUJITSU INFANTIL <i>Sala Up</i>	18:40-19:30	M.M.A INFANTIL <i>Sala Up</i>	17:45-18:35	JIUJITSU INFANTIL <i>Sala Up</i>		
18:40-19:30	M.M.A INFANTIL <i>Sala Up</i>	18:40-19:30	FITBOXING <i>Sala Up</i>	19:25- 20:25	PILATES <i>Sala Social</i>	18:40-19:30	CIRCUIT HIIT <i>Sala Up</i>		
				19:30 21:00	TEATRE <i>Rai Borrell</i>			19:00 - 20:50	FITBOXING <i>Sala Up</i>
19:35-20:35	JIUJITSU ADULT <i>Sala Up</i>	19:40-20:30	FITBOXING <i>Sala Up</i>	19:35-20:35	JIUJITSU <i>Sala Up</i>	19:40-20:35	CIRCUIT HIIT <i>Sala Up</i>		
20:40 - 21:40	BOXA <i>Sala Up</i>	20:40 - 21:40	MMA ADULT <i>Sala Up</i>	20:40 - 21:40	KICK BOXING <i>Sala Up</i>	20:40 - 21:40	GRAPPLIN <i>Sala Up</i>		

## TARIFES:

### ARTS MARCIALS\*:

1 dia setmana 25€/mes.  
2 dies setmana 35€/mes.

3 dies setmana 40€/mes. Qualsevol

activitat.

Socis Casino descompte de 5€.

### PILATES, DANSA VENTRE I TEATRE

Consultar preus

CONTACTES: En cas que necessiteu més informació us heu de posar en contacte directament amb el responsable de l'activitat.

#### RESPONSABLE:

Iris  
Rai  
Marc  
Ingrid

#### ACTIVITAT:

Pilates  
Teatre  
Arts  
Marcials  
Dansa Ventre

#### TELF:

678 66 71 52  
678 55 71 74  
655 85 68 45  
671 21 06 18



[www.casinoargentona.co](http://www.casinoargentona.co)

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\* Defensa personal, Kick Boxing, Circuit Multiestacions.